

GRILL HOURS

Tue & Wed: 11am - 7pm
 Thu & Fri: 11am - 9pm
 Sat: 7:30am - 7pm
 Sun: 11am - 7pm
 Mon: Closed

BAR HOURS

Tue & Wed: 9am - 7pm
 Thu & Fri: 9am - 9pm
 Sat: 7:30am - 9pm
 Sun: 9am - 7pm
 Mon: Closed



At Kinderlou Forest

LUNCH

4005 BEAR LAKE RD.
 VALDOSTA GA 31601
 (229) 219-2300

Starters

BANG BANG SHRIMP \$13.97

Fried or Grilled Shrimp tossed in our famous Bang Bang sauce

NACHOS \$13.97

Your choice of Ground Beef or Shredded Chicken, fresh Corn Tortilla Chips topped with Queso, Shredded Cheese, Lettuce, Tomatoes, Jalapenos, & Black Beans

FRIED DUMPLING POT STICKERS \$12.97

Fried Dumplings stuffed with Chicken served with Teriyaki Sauce

Salads

DRESSINGS INCLUDE: RANCH, HONEY MUSTARD, BALSAMIC, ITALIAN, BLUE CHEESE, AND THOUSAND ISLAND

CHEF \$12.97

Your choice of Ham/Turkey, Fried or Grilled Chicken, or Fried or Grilled shrimp. A blend of Romaine and Spring Mix, topped with Tomatoes, Onions, Cucumbers, Croutons, & Boiled Egg

CAESAR \$12.97

Your choice of Fried or Grilled Chicken, Fried or Grilled Shrimp, Fresh Romaine Lettuce, Parmesan Cheese, Croutons, & Caesar Dressing

SOUTHWEST \$13.97

Your choice of Fried or Grilled Chicken, Fried or Grilled Shrimp, Romaine Lettuce, Tomatoes, Onions, Corn, Black Beans, Shredded Cheese, Tortilla Strips, served with Homemade Southwest Ranch

Wraps

ALL WRAPS SERVED WITH ONE SIDE

CHICKEN WRAP \$14.97

Fried or Grilled Chicken, Lettuce, Tomato, & Cheese. Add Buffalo or BBQ sauce.

PHILLY WRAP \$14.97

Grilled Philly Cheesesteak with Grilled Onions and Peppers, Provolone Cheese, & Queso cheese

CHICKEN CAESAR WRAP \$14.97

Fried or Grilled Chicken with Romaine Lettuce, Parmesan Cheese & Caesar Dressing

SOUTHWEST CHICKEN WRAP \$15.97

Fried or Grilled Chicken with Lettuce, Cheese, Tomato, Corn, Black Beans, & homemade Southwest Ranch

BANG BANG SHRIMP WRAP \$16.97

Fried or Grilled Bang Bang Shrimp, Lettuce, Tomato, Cucumber, Onion, and Shredded Cheese

Flatbreads

BUFFALO RANCH \$14.97

Grilled Chicken, Grilled Onions, Mozzarella Cheese, with a Buffalo & Ranch drizzle. Add a side for \$3.

CLASSIC PEPPERONI \$14.97

Pepperoni, Mozzarella Cheese, and Marinara Sauce. Add a side for \$3.

JERK CHICKEN \$14.97

Grilled jerk Marinated Chicken, Grilled Pineapple & Peppers, Mozzarella Cheese, with a jerk BBQ sauce drizzle. Add a side for \$3.

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Baskets

ALL BASKETS SERVED WITH ONE SIDE

CHICKEN TENDER BASKET \$12.97

Crispy Fried or Grilled Chicken Tenders

SHRIMP BASKET \$14.97

Ten Fried or Grilled Shrimp

SLIDERS \$14.97

Three Mini All-Beef Burgers topped with Sautéed Onions, American Cheese, & Homemade Patty Melt Sauce on Mini toasted Brioche Buns

THE OAKS BLT \$10.97

Crispy Bacon Strips, Lettuce, & Tomato on Toasted White or Wheat Bread

THE CLUB \$13.97

Ham, Turkey, Bacon, Provolone & American Cheese, Lettuce, & Tomato on Toasted White, Wheat Bread

SMASH BURGER \$13.97

All Beef Patty Topped with Melted American Cheese, Lettuce, Tomato & Bacon Jam on a Butter toasted Bun

CHICKEN SANDWICH \$14.97

Fried or Grilled Chicken Breast with American Cheese, Lettuce, Tomato, & Pickles

MINI CHICKEN QUESADILLAS \$14.97

Shredded Chicken and Melted Cheese served with Queso

THE LOU BURGER \$14.97

All-Beef Patty Topped with Melted American Cheese, Crispy Bacon, Lettuce, Tomato, & Onion

TACOS \$12.97

Choice of Fried or Grilled Shrimp on a bed of Fresh Slaw, Topped with Pico de Gallo and Baja Sauce

Wings

SERVED WITH ONE SIDE

6 WINGS \$11.97

14 WINGS \$20.97

Plain, Buffalo, BBQ, Carolina Gold, Teriyaki, Sweet Chili, Nashville Hot, Hot Honey, Lemon Pepper

Sides

FRENCH FRIES \$4.00

SWEET POTATO FRIES \$4.25

ONION RINGS \$4.00

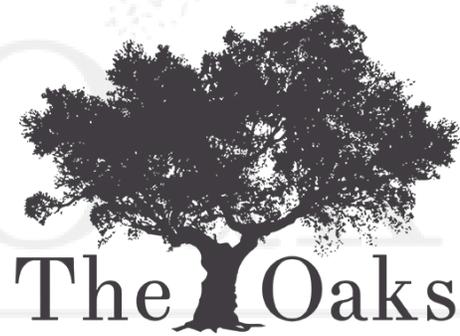
MIXED FRUIT \$4.00

STEAMED BROCCOLI \$4.00

HOUSE SALAD \$4.50

CAESAR SALAD \$4.50

BAG OF CHIPS \$2.50



The Oaks

At Kinderlou Forest

DOWNLOAD OUR MENU!



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FOR MORE INFORMATION OR TO MAKE A RESERVATION, CALL (229) 219-2326 OR EMAIL: THEOAKS@KINDERLOU.COM

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DINNER

4005 BEAR LAKE RD.
 VALDOSTA GA 31601
 (229) 219-2300

Appetizers

MINI NACHOS WITH THE WORKS \$11.97

Crisp tortilla chips topped with queso, shredded cheese, black beans, corn, pico de gallo, and shredded lettuce.

BANG BANG SHRIMP \$13.97

Crispy fried shrimp tossed in a creamy, sweet, and mildly spicy Bang Bang sauce.

SHRIMP FRITTO MISTO \$13.97

10 shrimp with red onions, bell peppers, and banana peppers, hand-breaded and lightly fried. Served with marinara and spicy ranch.

CRISPY BROWN SUGAR PORK BELLY \$14.97

Pan-seared and slow roasted for a tender interior and caramelized exterior.

SOUTHWEST CHICKEN EGGROLL \$10.97

Egg roll filled with chicken, black beans, corn, peppers, and pepper jack cheese.

ROASTED CHERRY BURRATA CROSTINI \$11.97

Blistered cherry tomatoes with creamy burrata on toasted bread.

Salads

WEDGE SALAD \$12.97

Iceberg wedge with blue cheese dressing, bacon, and tomatoes.

CAPRESE SALAD \$14.97

Mozzarella, tomatoes, basil, olive oil, balsamic glaze.

Salads

CAESAR SALAD \$10.97

GRILLED CAESAR \$13.97

A classic green salad featuring romaine lettuce, croutons, and a creamy dressing, known for its savory, tangy, and crunchy elements. For \$3.00 more add Grilled Chicken or Shrimp

Seafood

ALL SERVED WITH TWO SIDES

STUFFED SALMON \$24.79

8 oz salmon stuffed with a homemade crab cake and lemon aioli.

**Buehler Chardonnay, Russian River, California 10/34*

MAHI MAHI \$25.79

Pan-fried blackened mahi with lemon-white wine sauce.

**Cakebread Chardonnay, Napa, California 70*

FRIED CATFISH \$17.99

Whole bone-in catfish fried crispy. Served with grilled lemon.

**Luna Nuda Prosecco, Italy 32*

Chicken

CHICKEN WINGS (6) \$12.97

CHICKEN WINGS (14) \$22.97

SERVED WITH ONE SIDE

Crispy fried wings. Sauces: Plain, BBQ, Carolina Gold, Buffalo, Teriyaki, Sweet Heat, Hot Honey, Lemon Pepper, XX Hot.

KINDERLOU ROASTED AIRLINE CHICKEN \$21.97

Pan-seared to create a succulent juicy airline chicken breast with perfectly crispy skin. topped with savory portobello mushroom sauce.

**Evolution Pinot Noir, Willamette Valley, Oregon \$12/36*

Steaks

ALL STEAKS SERVED WITH TWO SIDES

All our Steaks are topped with buttery steakhouse seasoning and garnished with the Oaks compound butter.

Enhancements:

- *Drunk Sauce (Red and Green bell peppers mixed with our Original Drunk Sauce)*
- *Oscar Style (a luxurious method of topping a steak with asparagus, delicate crab meat, and a rich Bearnaise sauce.)*

8 OZ FILET MIGNON \$36.79

A richly flavorful and juicy 8-ounce filet mignon on an open flame, season generously, and topped with a compound butter to enhance the leanness of the meat.

**Evolution Pinot Noir, Willamette Valley, Oregon \$12/36*

12 OZ RIBEYE \$34.79

A 12-ounce ribeye is prized for its abundant marbling, which melts while cooking to give the steak a tender, buttery texture, and rich, juicy flavor. It is one of the most popular and flavorful cuts of beef.

**Greenwing Cabernet Sauvignon, Columbia Washington 12/36*

16 OZ BONE IN RIBEYE \$40.97

A 16-ounce bone-in ribeye is a premium, flavorful cut of steak with rich marbling. The bone adds flavor and helps keep the steak moist. A 16-ounce steak is considered a classic size.

**Austin Hope Cabernet Sauvignon, Paso Robles, California 65*

Sides

MAC & CHEESE • CHEESE GRITS

• CRISPY BRUSSELS SPROUTS •

STEAK FRIES • REGULAR FRIES •

SWEET POTATO FRIES • MASHED

POTATOES • SIDE SALAD •

CAESAR SALAD • BAKED POTATO

(Loaded option available: bacon, cheese, butter, sour cream, chives)

Specialty Entrees

BEEF SHORT RIBS \$34.97

A flavorful and succulent falls off the bone tender cut of meat, known for its rich, beefy flavor. On a bed of creamy mashed potatoes with crispy brussels sprouts.

**Austin Hope Cabernet Sauvignon, Paso Robles, California 65*

CAJUN ALFREDO

CHICKEN \$17.97 SHRIMP \$19.97

Cajun Alfredo with Penne Pasta and your choice of chicken or shrimp with our in-house made Alfredo sauce with a spicy Cajun kick, and side salad.

**Duckhorn Sauvignon Blanc, North Coast, California 45*

CHILEAN SEA BASS \$26.97

Chilean Sea Bass served on bed of mixed greens and mandarin oranges and a bright, creamy lemon -parsley sauce, served with a crisp fennel and cucumber salad.

**Juggernaut Sauvignon Blanc, Marlborough, New Zealand 10/34*

**Kris Artist Pinot Grigio, Italy 10/34*

CLASSIC ITALIAN AMERICAN LASAGNA \$16.97

Layers of fresh pasta, and a creamy mix of Italian cheeses, including ricotta, mozzarella, Romano and parmesan and our hearty meat sauce made with both Italian sausage and ground beef. Served with garlic bread and side salad.

**JAX "Calesa" Pinot Noir, Sonoma, California 70*

WAGYU BURGER \$24.97

8 oz Fresh American Wagyu with chimichurri aioli, mixed greens, tomato and red onions on a toasted bun. Served with choice of one side.

**Greenwing Cabernet Sauvignon, Columbia Washington 12/36*

BISON BURGER \$21.79

8 oz Bison patty with spicy, sweet, and smoky house made bacon jalapeno jam, caramelized grilled onions, mild American and robust Provolone cheese topped with a fluffy, solid egg patty, on a toast bun. Served with choice of one side.

**Postales Malbec, Mendoza, Argentina 12/36*

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Kids Menu



ENTRÉES

SERVED WITH ONE SIDE

HOT DOG — \$7.00

CHICKEN TENDERS — \$7.00

GRILLED CHEESE — \$7.00

BEEF SLIDERS — \$7.00

MINI QUESADILLAS

CHEESE — \$6.00

CHICKEN — \$8.00

SIDES

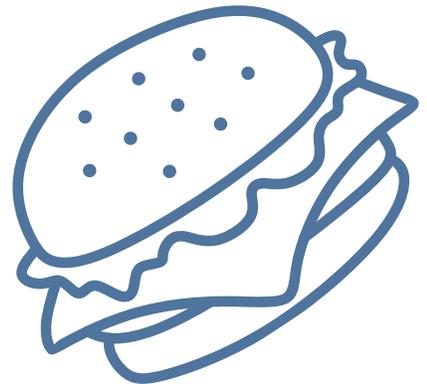
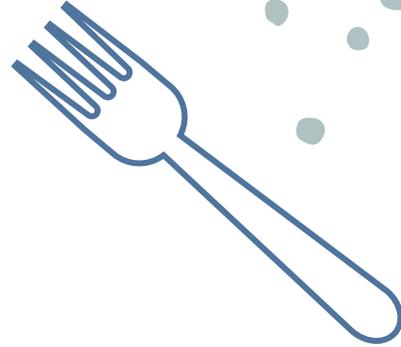
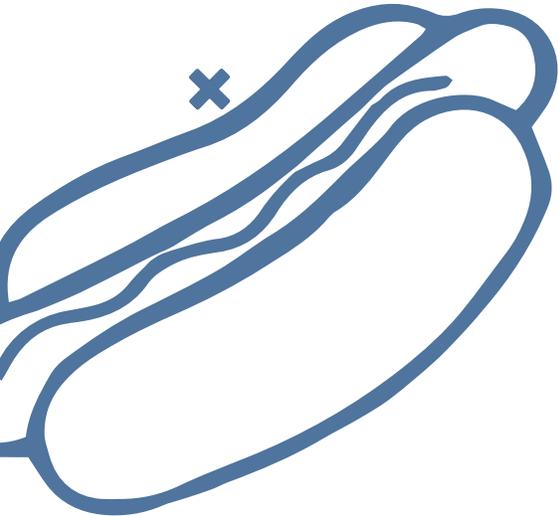
FRIES

SWEET POTATO FRIES

MIXED FRUIT

BROCCOLI

BAG OF CHIPS



Rise & Shine



Biscuits – \$6

Fresh biscuit with your choice of sausage or bacon, egg, and cheese.

Breakfast Burrito – \$7.50

Your choice of sausage or bacon, egg, and cheese wrapped in a warm tortilla.
Add potatoes for \$2



Breakfast in a Cup – \$6

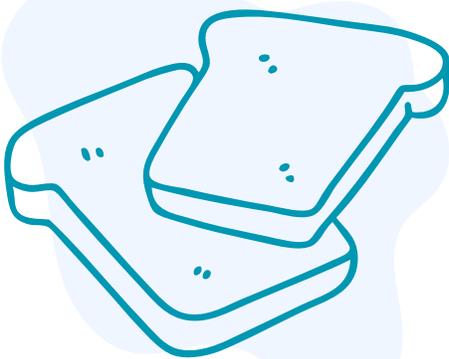
Creamy grits topped with your choice of sausage or bacon, egg, and cheese.

Traditional Plate – \$12

Two eggs cooked your way, served with your choice of sausage or bacon, biscuit or toast, and grits.

Biscuits & Gravy – \$5.50

Two biscuits smothered in house-made sausage gravy.



Sides

Bacon – \$2

Sausage – \$2

Biscuit – \$1.50

Toast – \$1.50

